



SANDY CREEK HIGH SCHOOL
PTSO

Teens & Mental Wellness

PTSO Meeting

[Click here to join via Zoom](#)
Meeting ID: 89042883350



6:15pm

**Teachers,
Students &
Families are
welcome.**

Date:

**Thursday
February 10th**

Topics:

Mental health wellness:

- Dealing with anxiety
- How to deal with feeling overwhelmed
- Peer pressure
- And more.....

3 Prize Drawings for Students in Attendance

For More Information: sandycreeksptso@gmail.com

